

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Sit & Be Fit Creative Expressions Poets Corner BINGO Nature Documentary	Moving to Music Exercise Short Story & Discussion Busy Hands Club Guidepost Articles Mister Softee Soft Serve Ice Cream Truck Visits Pet Therapist Visits	Stretching for Health Bird Watching Creative Expressions Popcorn and a Movie	Chair Exercise Creative Expressions Music through the Ages Evening Cultural Tea Evening Musicals	Chair Yoga Create Old Fashioned Greeting Cards Happy Hour Movie Night	Chair Exercise Creative Expressions Music through the Ages Evening Cultural Tea
		1	2	3	Happy Fourth of July 4	5
10:00 Catholic Mass Spiritual Inspirations Mystery Puzzles Poetry Reading Nature Sounds/Deep Relaxation	Chair Yoga Color Me Calm BINGO Happy Hour Creative Expressions	Crafts A Walk Through Time: Clocks Cornhole Toss Pet Therapist Visits	Balance Strength Exercise Short Story Discussion Chicken Soup for the Soul Kickball Exercise Afternoon Sweet Treats	Chair Yoga Bird Watching and "Calls" Historical Documentary Sensory Hand Massages Trip to the Cincinnati Nature Center	Stretching for Health Short Story & Discussion Summer Craft Hooks and Needles	Coffee Talk Comedy Hour Magic Word Puzzles Colorful Mandalas Evening Musicals
7	8	9	10	11	12	13
10:00 Catholic Mass Spiritual Inspirations Decorating Cookies Big Band Music Newspaper Features	Stretch and Sway Creative Expressions Aromatherapy & Massage Music & Meditation Baby Animals Documentary	Total Body Fitness Short Story & Discussion Color Me Calm Inspirational Quotes Evening Tea Pet Therapist Visits	Leisure Walking Chicken Soup for the Soul Science Experiment Kickball Exercise Creative Expressions	Chair Yoga Leg Strength for Balance Creative Expressions Sing A Long Purposeful Art Session	Chair Yoga UNO Game Craft Corner Armchair Travel	Coffee Talk Comedy Hour Magic Word Puzzles Colorful Mandalas 1:15 Jeannie Phillips Entertainer
14	15	16	17	18	19	20
10:00 Catholic Mass Spiritual Inspirations Nature Sounds/Deep Relaxation Poetry Reading Color Me Calm	Sit & Be Fit Creative Expressions Poets Corner BINGO Nature Documentary	Balloon Volleyball Summer Reminiscing Musical Friends Hawaii Attractions Busy Hands Club Pet Therapist Visits	Leisure Walking Creative Expressions Music & Meditation Cornhole Toss Mister Softee Soft Serve Ice Cream Truck Visits	Stretching for Health Gratitude Inspirations Sit & Be Fit Cornhole Toss Candlelight Dinner	Chair Yoga Create Old Fashioned Greeting Cards Happy Hour Movie Night	Coffee Talk Comedy Hour Magic Word Puzzles Trivial Pursuit
21	22	23	24	25	26	27
10:00 Catholic Mass Spiritual Inspirations Color Me Calm Music for the Soul	Chair Yoga Creative Expressions Sensory Hand Massages Purposeful Art Session	Moving to Music Exercise Short Story & Discussion Busy Hands Club Guidepost Articles Beach Ball Volley Pet Therapist Visits	Stretching for Health Bird Watching Creative Expressions Popcorn and a Movie			
28	29	30	31			
		ACTIVITY LOCATOR KEY				
<h1>JULY 2019</h1> <p><i>The Gardens</i></p>						